

FACTS ABOUT AL-ANON & ALATEEN

Al-Anon recognizes that alcoholism is a family disease – The disease affects all those who have a relationship with a problem drinker. Alcoholism may emotionally, spiritually, and often physically affect loved ones in addition to the alcoholic.

There are no dues or fees – Members make voluntary contributions because each group is self-supporting. Most groups pass a basket at each meeting to help cover routine costs such as renting meeting rooms, literature, etc.

No appointments are necessary – Anyone concerned about someone else's drinking is welcome to walk in and attend.

Al-Anon is not affiliated with any sect, denomination, political entity, or institution. Al-Anon is spiritually based, apolitical, welcomes all cultures, and is available almost everywhere.

Al-Anon is a nonprofessional fellowship – Members share their experience, strength, and hope in order to solve their common problems.

Anonymity is protected – The identity of all Al-Anon and Alateen members, as well as members of Alcoholics Anonymous, is protected.

Al-Anon is a separate fellowship from Alcoholics Anonymous – Al-Anon and Alateen is based on the Twelve Steps and Twelve Traditions adapted from AA.

How is Alateen helpful? – Alateen helps young people understand how alcoholism affects the lives of all who are associated with a problem drinker and helps them find effective ways to deal with their personal problems.

WHEN SOMEONE CLOSE TO YOU DRINKS TOO MUCH... Sometimes the problem drinker is a spouse or partner. Sometimes parents are concerned about their son or daughter's drinking. Sometimes the drinker is – or was – a parent, another relative, co-worker, or a friend.

HOW SERIOUS DOES THE DRINKER'S PROBLEM HAVE TO BE FOR AL-ANON TO HELP?... From the Al-Anon perspective, it doesn't matter whether the drinker is an alcoholic or not. What really matters is: does the drinking trouble you?

SOMEONE CLOSE TO ME HAS A DRUG PROBLEM... Al-Anon Family Groups have one focus: to help friends and families of alcoholics. The 2018 Al-Anon Membership Survey reported, however, that 35 percent of Al-Anon members first came to Al-Anon Family Groups because of a friend or relative who had a drug problem. The survey also showed that 78 percent of these members eventually came to realize that someone's drinking had also negatively affected their lives.

WHAT CAN I DO IF THERE ISN'T A MEETING NEARBY? ...WHAT CAN I DO IF THERE ISN'T A MEETING NEARBY?
...Electronic meetings and telephone meetings are available every day of the week. To find a list of electronic meetings, visit al-anon.org, or send an email to wso@al-anon.org

Al-Anon Family Groups



Strength and hope for friends and families of problem drinkers.

AL-ANON & ALATEEN FAMILY GROUPS

GEORGIA – **DISTRICT # OR DESCRIPTION**

MEETING SCHEDULE

EDIT THIS BOX TO LIST COUNTIES IN YOUR DISTRICT HERE

For complete list of meetings,

Call - 1-888-425-2666

Or visit – ga-al-anon.org

To learn more about Al-Anon and get a sense of what a meeting could be like, listen to some selections from Al-Anon's podcast series, *First Steps to Al-Anon Recovery*. These short audio presentations are available at no charge on Al-Anon's website, www.al-anon.alateen.org

